



Discovering the Healthy Self Workshop

Date: _____

9:00am - 4:00pm

Presenter: **Eleanor Payson, LMSW, ACSW, LMFT**

Location:

**The Inn at St. Johns
44045 Five Mile Rd, Plymouth, MI 48170**

Details:

**Fee: \$145 Early Registration Suggested
Beverages provided - lunch on your own**

This workshop is designed for the layperson to address the most commonly asked questions regarding narcissism and codependency. Participants will become educated and empowered to recover from the painful dynamics that occur when dealing with individuals who exhibit narcissistic traits or who have narcissistic personality disorder. Clinicians who take this workshop will learn to be more effective advocates for their clients as they establish healthier boundaries and reclaim their authentic being.

The material will:

- ♦ **Clarify the continuum of healthy versus unhealthy self**
- ♦ **Discuss dilemmas faced with the narcissistic personality disordered individual**
- ♦ **Identify the dynamics of the narcissist abuser and learn interventions for self-protection**
- ♦ **Outline healing and empowerment strategies and interventions**

****To register please complete and return the form below. Retain the top portion for workshop details.****

Discovering the Healthy Self Workshop, Date: _____ \$145

- ♦ *To register and pay by credit card call Eleanor, 248.548.0306 or register by PayPal at: eleanorpayson.com/workshops*
- ♦ *To register by check please complete and return this form along with your check payable to Eleanor Payson. All checks must be received two weeks prior to the date of the workshop.*

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phones - Cell: _____ Work: _____ Home: _____

Check #: _____ Date: _____ Email: _____

How did you hear about this workshop? _____

Mail Form & Payment to:
Eleanor Payson, LMSW ♦ 333 West Seventh St., Suite 290 ♦ Royal Oak, MI 48067